



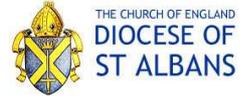
Tonwell St Mary's CE (VC) Primary School

Ware Road, Tonwell, Herts, SG12 0HN

Tel: 01920 462894 Fax: 01920 469606

E-mail: admin@tonwell.herts.sch.uk

Headteacher: Mrs Sarah Bridgman



'Knowing each child, growing each child, in God's love'

Friday 3rd November 2017

Dear parents,

I hope you have all enjoyed a restful half term break.

I would like to welcome our new nursery child Zoe and her family to Tonwell. I would also like to welcome Mrs West, who is covering Oak class with me while Mrs Tracey recovers from a shoulder operation. Mrs Tracey's surgery all went well and I will keep you updated with her expected return to school.

Congratulations to Mrs Barnes who completed her half marathon run successfully, raising £500 for the school.

Kind regards,

Mrs Bridgman



Dance Specialist

We are pleased to have forged a partnership with a local dance academy. The teacher from Kristie Louise Dance Academy will be delivering a curriculum session each half term to children across the school linked to their topic learning. The first session is on Friday 10th November.

Anti-Bullying Week

Children will be taking part in special assemblies, activities in class and a session on their mixed year group 'houses' during anti-bullying week from Monday 13th November. The theme for this year is 'All different, All equal'.

KS2 Swimming

Having taken feedback from children, staff and parents and investigating best value for money, KS2 intensive swimming sessions have been booked at Hartham Pool for 6 weeks in the second half of the Summer Term. Further information will follow nearer the time.

English and Maths Workshops for parents

Miss Fitzgerald and Mrs Barnes will be leading short workshops for parents on Friday 17th November from 2.15pm-3.15pm. The focus will be on our new spelling scheme and on maths fluency. We hope you are able to join us. All information will be made available on our website. The sessions are most suitable for reception to Y6, however, nursery parents are very welcome.

School Council

Our school council members have been working hard this term. They are organising a Children in Need fundraising cake sale on Friday 17th November. Cakes will be available during the English/maths workshops and immediately after school. The school council have also been leading a healthy packed lunch campaign. Please see their letter to parents below.



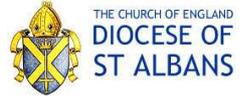
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Thursday 19th October, 2017

Dear parents,

We are writing to you because we want to encourage you to give your child healthy packed lunches. We have noticed that sometimes packed lunches have not been as healthy as they could be. For example, there has been chocolate, crisps and sweets included in some children's boxes every day.

During previous science lessons, we have learned about healthy eating. It is important that your child eats a range of food, such as fruit, vegetables, carbohydrates, protein and a small amount of fat. In science, we carried out a survey to find out which foods were in lunch boxes over a week. Our questionnaire results showed that there were 24 packets of crisps and 25 chocolate biscuits!

We would recommend that there should be fruit and vegetables like cucumber and sticks and mini tomatoes, blueberries or sliced grapes. For sandwich fillings, you could have hummus and peppers, ham or chicken. You might find some healthy ideas on this website:

<https://www.nhs.uk/change4life-beta/recipes/healthier-lunchboxes#IS0qY0r470y0tv9s.97>

We hope you have found this information helpful.

Yours sincerely,

Andreas, Grace, Joseph, Leila, Casey and Maddy